

# WINTER NEWSLETTER

## Midsouth Sober Living



Winter invites reflection, steadiness, and renewed commitment. While the season may slow the world around us, the work of recovery continues every day. We witness the resilience of individuals choosing stability, healing, and accountability, supported by safe housing and a community that doesn't disappear when things get hard.

In this issue, you'll find updates from our programs, meet another member of our dedicated team, and get a glimpse of what's ahead, including our upcoming spring art auction, a celebration of creativity, connection, and hope in recovery.

Thank you for standing with us through every season. Your support makes long-term recovery possible.

### Program Update

#### Women's House

The Women's House continues to thrive and has an energetic new house manager, who will be featured in the next newsletter. In February, our sister agency First Step Recovery will launch WeRenew, an experiential recovery skills program designed to help women heal and thrive at the women's house.

This is a new program First Step received funding for through the Opioid Abatement Council (OAC), and the women's house will be the pilot site. This gives women at the House the first opportunity to participate in the program, and to help shape its development as it expands to serve more women in the community.



#### Judicare

Judicare is operating at near capacity (40 beds). In January, Midsouth Sober Living expanded the Equine Activities to

include both Drug Court and Veterans Court participants. This expansion was funded by a grant through the Opioid Abatement Council (OAC) received by MSL.

### Team Spotlight

For more than a decade, Grace Pipkin has been a steady and guiding presence in the Memphis recovery community. Born and raised in Memphis, Grace joined the recovery field in 2009 with First Step Recovery Centers and began volunteering with Midsouth Sober Living in 2012. In 2023, she stepped fully into her role as Executive Director, bringing with her years of experience, deep community roots, and a genuine heart for service. Grace is deeply grateful for the dedicated team at Midsouth Sober Living, whose daily work inspires hope and healing for the clients we serve.



**Grace Pipkin**  
Executive Director

Guided by her personal motto, "Live more now," she leads with intention, compassion, and a belief in meeting people where they are while helping them build meaningful, stable lives.

Outside of work, Grace now lives in the country and happily embraces Memphis's hot summers. She enjoys spending time with her busy nine-year-old daughter and seven-year-old son, her husband who also works at Judicare, and the many animals that wander up to their front door. Gardening, fishing, and time outdoors help keep her grounded as she continues to lead Midsouth Sober Living forward.

[www.midsouthsoberliving.org](http://www.midsouthsoberliving.org)

## UPCOMING EVENTS

### CALLING ALL ARTISTS & ART LOVERS!

#### ANCHORED IN HOPE MIDSOUTH SOBER LIVING 2026 CHARITY ART AUCTION

Silent and live auctions  
Art donated by talented local artists  
Live music  
Hors d'oeuvres, mocktails, and a selection of wine and locally-crafted beer  
Art donors receive two complimentary tickets  
Table sponsorships available!

SATURDAY, MARCH 21, 2026  
5:00 PM - 8:30 PM  
Memphis Botanic Garden  
Hardin Hall  
750 Cherry Road  
Memphis, TN 38117



To donate art or buy tickets, visit  
[www.midsouthsoberliving.org](http://www.midsouthsoberliving.org)



Preview art, buy tickets, or sponsor the event at [www.midsouthsoberliving.org](http://www.midsouthsoberliving.org)!