

SUMMER NEWSLETTER

Midsouth Sober Living



Welcome to our quarterly update!

At Midsouth Sober Living, we're proud to offer safe, stable housing and recovery support to those working toward a new beginning. In this issue, you'll find updates from our programs, meet one of our amazing team members, and see what's coming up this season. Thank you for walking this path with us.

Program Update

Women's House

Our 12-bed Women's House continues to run smoothly and is home to a strong, supportive group of women walking the recovery journey together. The sense of connection and mutual encouragement among residents has been truly inspiring this quarter.

Judicare

Renovations at our Judicare facility were completed in December 2024, and the program has been thriving under the leadership of Program Manager Bridgette House. Now operating near full capacity, Judicare remains a vital recovery resource for participants in the Shelby County Recovery Court programs.



Team Spotlight



Terri Ibarra,
Development Director

Terri has been with Midsouth Sober Living for three years, leading our fundraising and marketing efforts with creativity, strategy, and heart. Whether she's planning events or crafting campaigns, Terri brings passion and purpose to everything she does. She spent 20 years living in San Diego and misses the beach, loves sunrises, Mexican food, and quiet weekends with her partner.



"Sometimes we motivate ourselves by thinking of what we want to become. Sometimes we motivate ourselves by thinking about who we don't ever want to be again."

—Shane Niemeyer (former Ironman athlete and person in recovery)

www.midsouthsoberliving.org



UPCOMING EVENTS

Midsouth Sober Living Summer Shopping Fundraiser
Monday July 21 thru Sunday July 27
Shop all items online and in store at Vesper's Midsouth Sober Living
Use code MEL25
Midsouth Sober Living is proud to partner with **novel.** All proceeds support recovery services.
Shop Local. Support Recovery.

FALL GOLF Tournament
Sponsorships Available
SAVE THE DATE!
Join us at The Links at Galloway for our annual charity golf tournament!
More information to follow! **OCT 30, 2025 | 11:00 AM**

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HOW YOU CAN HELP!

Help us Power Up the Judicare Computer Lab



We're excited to launch a new Computer Lab at our Judicare facility—and we need your help to bring it to life!

This space will give residents access to computers for:

- Job searches and resume writing
- GED and college coursework
- Learning basic computer skills
- Accessing essential community resources

DONATE NOW

Your donation helps us provide technology resources that empowers our residents to build independence and reclaim their futures.

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